## INTRAGASTRIC BALLOON

The Intragastric Balloon is a non-invasive, weight loss procedure. The balloon is made of soft, durable silicone rubber. Under anesthesia, the empty balloon is passed through your mouth, down your esophagus, and into your stomach. Once in place, it is filled with saline. It then becomes about the size of a grapefruit. The filled balloon floats in your stomach and takes up space, giving the patient a feeling of fullness sooner. At six months the balloon is removed through the esophagus and mouth while the patient is under anesthesia. After removal, your surgeon will discuss your options such as continuing your healthy diet and exercise regimen, replacing your balloon with a new one after a minimum of thirty days, or potentially transitioning to a permanent weight loss surgery.

## Advantages

- FDA approved
- 20 year history of helping patients outside the United States
- Lower BMI range required
- Average excess weight loss of 38.4% at six months
- Among the lowest complication and mortality rates
- Less invasive, non-surgical
- Quicker recovery
- Reversible
- Fewer diet restrictions
- Lower cost if paying out of pocket

## Risks

- Electrolyte imbalance
- Gastric outlet obstruction
- Gastrointestinal perforation
- Spontaneous deflation

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