

POSTOPERATIVE INSTRUCTIONS LINX SPHINCTER AUGMENTATION

Pain: It is very common immediately following surgery and is usually the worse during the first 2 days. It is common to have pain or swelling near the esophagus. Some patients will have temporary spasm in their esophagus with causes pain while eating. Pain medications or anti-inflammatory medication can help.

Restrictions: Slowly return to normal activity within 1-2 weeks. Being active right after surgery is good but avoid straining or heavy lifting right away.

Diet: It is recommended to have soft foods the day of surgery and to start regular foods the day after surgery. Proper diet and the frequency at which you eat are the most critical factors in your recovery.

Post-operative appointment: You will usually have an appointment around 2 and 6 weeks after surgery. Write down any questions or concerns you have so you can discuss during your visit.

Implant card: Your physician will provide you with a LINX implant card. Please carry this card with you as a notification to care providers that you have received a LINX system. If you lose this card, please contact your physician's office to receive a replacement.

MRI: If you are told you need an MRI, please contact your LINX physician. The LINX device is considered MR Conditional in a system up to 1.5-Tesla. Scanning under different conditions may result in serious injury to the patient and/or interfere with the magnetic strength and function of the device.

When to call Dr. Goers: If you have a fever over 101 degrees or signs of infection; increased abdominal pain; nausea or vomiting; persistent pain or difficulty with swallowing; inability to swallow; cough or difficulty breathing